

# ANNUAL REPORT 2022



**INNER HOPE**  
youth ministries

hope through relationships

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# vision & mission

Inner Hope Youth Ministries' vision is youth and families living healthy lives and the next generation empowered in a good way.

Our mission is journeying alongside youth and their families in East Vancouver nurturing hope, belonging and growth through:



## SUPPORT

Nurturing community and loving youth, young adults and their families in practical ways



## DISCIPLESHIP

Providing opportunities for youth, young adults and their families to grow in relationship with The Creator



## LIFE SKILLS

Journeying alongside youth and young adults while cultivating the development of skills needed to build their futures



## HOUSING

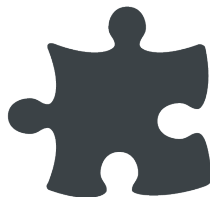
Offering a safe, stable and supportive home for youth, young adults and their children

## CORE VALUES



## FAITH

We value sharing the love of the Father, Son and Spirit and believe in Their transformational power.



## LOVING COMMUNITY

We value journeying together as a community of diverse individuals who love and care for one another.



## INTEGRITY

We value living with honesty, transparency, reliability and stewardship knowing we are accountable to God, those we serve and those who support us.



## COMMITTED RELATIONSHIPS

We value long term relationships with youth, their families and supporters.



## RECONCILIATION

We value doing the work to build trust and healing in relationships within families, between non-Indigenous and Indigenous people, and between communities and local churches.

# a letter from jenny



As I reflect on 2022, I am overcome with gratitude for each of you who have journeyed with the Inner Hope Youth Ministries community over the past year.

I am thankful for a foundation who purchased a home so that 4 or 5 young people (and dozens of visitors) could enjoy a supportive, safe home. I am thankful for the 10+ mentors who spent time with a teenager to support their growth and be their cheerleader. I am thankful for the 113 individuals who donated monthly to Inner Hope, helping provide financial stability. I am thankful for the youth and parents who gathered to provide input into Inner Hope's next strategic plan and share their experiences. I am thankful for each staff member who've demonstrated servant leadership and commitment day in and day out – even when it's been hard. I am thankful that in each moment The Creator gives and sustains life in all its' fullness.

I hope this report provides a glimpse into the impact Inner Hope is having in our city. We are committed to nurturing hope, belonging and growth within a core of about 50 youth and young adults – along with their families and friends. We believe that they are our future leaders. As they rise, they are breaking cycles of intergenerational trauma and having an impact on the lives around them. Many come from a history of over 150 years of oppression. This is hard work. Life is often painful, there are often high barriers to overcome and nothing comes easy. They are the true heroes.

As we leave 2022 behind and begin the next leg of our journey in 2023, I am reminded of a teaching. I often hear Indigenous leaders say, "We need to journey in a good way, with a good heart and a good mind." I ask myself, "What does it mean to journey in a good way?" In the Bible, Micah 6:8 says, "He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly." It is easy to say that we care about these things, but what does it practically mean in our context?

I'm realizing more and more, that acting with cultural humility takes a lot of wisdom and strength. Recently, as I was completing a final draft of our new 5-year plan, I emailed it to 7 Indigenous leaders, asking if they could review it and send me their feedback within a few days. I had a pre-existing relationship with most of these individuals and a deep respect for them all. Unfortunately, I totally overlooked cultural protocols and their value of relationship in my quest for their knowledge. Thankfully, one of these leaders met with me a few weeks later and gently corrected me for my oversight. He explained that when seeking knowledge and help from Indigenous leaders, it is respectful to meet in person first and bring a gift as a sign of recognition and appreciation, before asking for their help. When we assume that our way of doing things is the best way or even a good way based on our context, we miss seeing the value in other traditions and teachings and can risk damaging relationships.

As we journey into a new year, would you join me in growing in our understanding and respect for people who are walking a different life path and learn to lift others up with our words and actions.

With love and appreciation!

A handwritten signature in cursive script that reads "Jennifer L Shantz". The ink is dark and the signature is fluid and personal.

Jennifer Shantz, Executive Director



# highlights of 2022



**A NEW HOME!** In March, with the support of an incredible foundation and the help of an amazing group of volunteers, donors, and contractors we were able to make the move to a new Home. The youth living in The Home are thrilled with the new space and the opportunities that it offers for community events and family visits.

**BLANKETING CEREMONIES.** The Blanket Ceremony is the highest honour given in Coast Salish communities. John Johnstone of the Leq'a:mel First Nation, Inner Hope's Cultural Mentor, facilitated two ceremonies this year.

- On June 22nd, twelve high school graduates were honoured (the largest group to ever graduate with us) through Ceremony and words spoken over them by family, friends, and Witnesses.
- On August 17th, Jenny Shantz was honoured by a Blanket Ceremony. *"Being blanketed by the Inner Hope community was the biggest honour of my life. I pray The Creator gives me the strength and wisdom to live in a way worthy of that honour. I am thankful for everyone in the community who has journeyed with me, taught me, supported me, and blessed my life."*



**RIDE FOR REFUGE.** This year was the first year that we hosted our own Ride and the response was extraordinary! Thanks to the efforts of 9 partner churches, 115 cyclists, and 30 volunteers we exceeded our fundraising goal and were able to really connect as a community.

**NEW VIDEO.** In December, we were able to release our new video which provides an overview of Inner Hope Youth Ministries. The last video of this nature was produced 15 years ago and no longer reflects our current reality – so we are so glad to have an update!



## WORDS FROM THIS YEAR

*I'd like to say signing up for camp and helping with homework made a big difference for me. I made many new friends at camp and I am now signed up to become a leader! When it comes to homework and reaching for my goals, the advice they gave me helped so much with school and my social skills. Inner hope has helped me grow so much as a person and I'm so grateful for that."*

Boundless Youth

*My favourite part of my journey with Tyler\* (\*name changed) has been sitting in the car, or in Tim Hortons, and just talking, sharing bits of our lives. I'm always shocked with how he receives me. I sometimes feel like a random person in his life, but he accepts me. This was incredibly powerful to me and a huge blessing. I've been blown away by his openness. That he would just sit for two hours and chat."*

Boundless Mentor

*"Inner hope has supported me in so many ways that it's hard to name just one. The act that stuck with me the most is that everyone is so willing to listen when you need an ear, that has helped me get through a lot in my past year being with the program."*

Young Adult,  
Post Secondary Program

# program highlights

**TOTAL SERVED: 254**

56 children (0-12), 58 youth (13-18),  
30 young adults (19-24), 109 adults (25+)

All our programs fall under the service umbrellas of support, discipleship, life skills, and housing.

Many individuals were served by more than one program, as our goal is to develop deep relationships with youth and families in all areas of life.

## SUPPORT & COMMUNITY LIFE

Inner Hope journeys alongside youth and families in their day-to-day lives. We offer individualized support through hospital visits, one-on-one meetings, advocacy, rides, moving help, etc. In addition, we host community and cultural events – connecting with our young people and their extended families.

- » Individualized support: 254
- » Community engagement: 168  
*(attended an event)*
- » Cultural engagement: 64  
*(participated in an event with cultural mentors)*
- » Parents supported: 35
- » Family Celebrations held at the Community Space (the House): 5



*A mother honours her daughter at the community blanketing ceremony*

## DISCIPLESHIP

Our discipleship initiatives vary according to the needs and desires of our youth and families as they pursue a relationship with The Creator. As we seek spiritual growth and healing as a diverse community, we strive to be led by our values of reconciliation and cultural humility.

- » Total individuals served: 54
- » Mentorship *(one-on-one, small group)*: 9
- » Completed leadership training at Camp: 8
- » Attended camps/retreats: 49



*Discipleship Retreat at The Johnstones*

## LIFE SKILLS

### BOUNDLESS [AGES 13-18]

Boundless is a Life Skills program that matches youth with a one-on-one mentor. Personalized goals and quality time help equip youth for healthy lives and future success.

- » Total served: 36
- » Matched with a mentor and set goals: 16
  - » 1,850 hours of mentoring
- » Goals accomplished: 39
- » 8 youth achieved 2 or more goals in at least one session

### POST-SECONDARY [AGES 19-24]

Post Secondary assists young adults in their transition from high-school to adulthood. Through practical and emotional support, young adults are empowered to pursue education, job training, and meaningful employment.

- » Total served: 36
- » Formal participants: 19 (*those who developed an education / employment plan*)
  - » 903 support hours
- » Steps & goals in individualized plans completed: 120
- » Attending school: 8
- » Employed: 9



*A youth with his mentor at his graduation ceremony*



*A young adult successfully passes their "N" test*

## HOUSING

### THE HOME

Our Home exists for inner city youth and young adults in East Vancouver. It is built on transformative relationships with adult role models. House Parents live in The Home, modeling healthy living skills and providing support.

We celebrate each resident's cultural heritage and support them as they achieve greater stability. Family and friends are invited visit, to join for a meal, and spend the night as life is lived together.

- » Total housed: 6
- » Family and friends who visited: 77
- » Overnight guests who slept over 2 or more nights: 19
- » Celebrations & gatherings hosted at the Home: 9



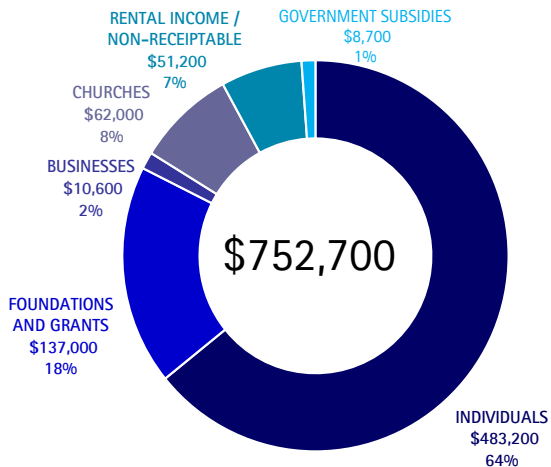
*The community enjoying a Christmas dinner together at The Home*



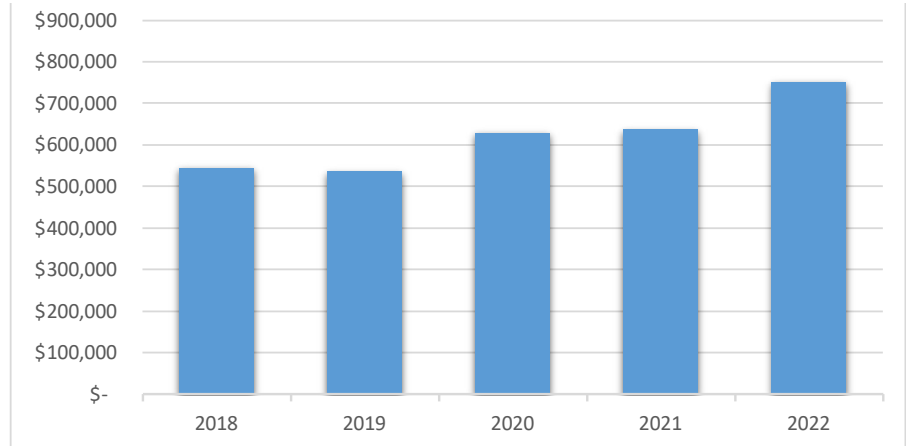
# finances

## INCOME

### SOURCES



### GROWTH

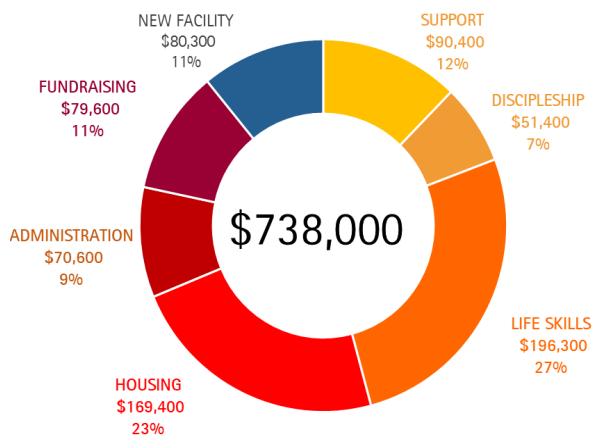


- We received Government Covid Relief Funding in 2020 of \$72,333 and in 2021 of \$41,826
- \$55,150 was donated in 2021 towards the move and the new home and recognized as amortized income in 2022

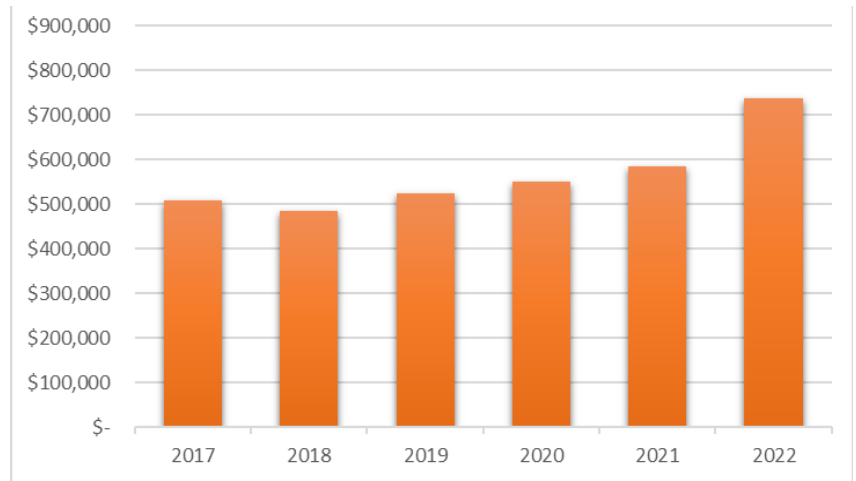
2018: \$545,300  
 2019: \$535,800  
 2020: \$629,700  
 2021: \$638,000  
 2022: \$752,700

## Expenses

### DISTRIBUTION



### GROWTH



2018: \$485,200  
 2019: \$523,900  
 2020: \$550,300  
 2021: \$583,800  
 2022: \$738,000

## FINANCIAL SUMMARY

$\$752,700 - \$738,000 = \$14,700$   
 Total Income - Total Expenses = Into contingency fund



# staff

## 2022 STAFF & CONTRACTORS

Jenny Shantz  
*Executive Director*

Amy Baarda  
*Director of Programs*

Mark Ang  
*Youth & Community Programs  
Manager*

Samantha Gardham-Hers  
*Post-Secondary Coordinator*

Francis Awando & Georgia Omwa  
(Jan-June)  
Chris Okeke (Sept - Dec)  
*House Parents*

Nate Hartley (Apr-Dec)  
*Housing Support Worker*

Priscila Vargas  
*Volunteer & HR Coordinator (P/T)*

Dara Barbour  
*Communications & Fundraising  
Coordinator (P/T)*

Faith Stanley (Jan - Oct)  
*Discipleship Coordinator (P/T)*

Sandra Tetzlaff,  
*Bookkeeper (P/T)*

John & Jenn Johnstone  
*Cultural Mentors (P/T)*

Rebel Arrance  
*Summer Intern*

*\*Additional casual and short-term  
support not included*



## PROFESSIONAL DEVELOPMENT

- » Abnormal Psychology Course
- » Addiction Training Course
- » Attachment Training
- » Blanket Exercise - An interactive simulation teaching the history of colonization
- » CPR
- » Loss after Toxic Substance Use
- » Mental Health First Aid
- » NAIM Retreat: Youth Networking & Discipleship
- » Reflective Learning: Hearing the story of a Residential School Survivor, Francis Carlick
- » Strategies for Dealing with Stress & Burnout
- » Stress/Anxiety and Coping Techniques

# volunteers

## BOARD OF DIRECTORS

Carrie Peters, PhD

Scientist (retired)

*Board Chair*

Elaine Haakstad, CPA CGA

Accountant, Temple Shalom

*Treasurer*

Denise Fong, MA

Museum Registrar, Burnaby Museum

*Secretary*

Travis Olafson

Service Technician - Fraser Valley Office

Systems

*Member*

Jennifer Close

Research Program Manager (Neonatal

Intensive Care Unit), BC Children's Hospital

*Member*

## COMMUNITY ADVISORY COMMITTEE



June Rose, founding member of the Community Advisory Committee

June Rose

*Parent*

Sandra Delorme

*Parent*

Kayla McDonald

*Parent*

Liz Adams

*Alumnus/Parent*

Rebel Arrance

*Alumnus*

Brooke Abrams

*Alumnus/Community Support*

Lorne Thompson-Morin

*Home Resident/Boundless*

Tyson Willier-Martin

*Home Resident/Post Secondary*

Linda Delorme

*Post Secondary*

## VOLUNTEERS

[ TOTAL: 120 ]

Board	5
Community Advisory Committee	9
Support, Community Life	34
Discipleship	19
Life Skills, Boundless	37
Life Skills, Post-Secondary	13
The Home	23
Other	37

\*26 volunteers  
served in multiple  
program areas.



A volunteer prepares a celebratory meal at The Home

# partnerships

## SERVICE PARTNERS

- » **STREETFRONT – BRITANNIA SECONDARY.** Streetfront is an alternate education program with an emphasis on running marathons. They partner in supporting several Boundless youth who attend their program.
- » **NEW BEGINNINGS CHURCH.** Partners as we work with our mutual community and co-host a summer day camp.
- » **CAMP QWANOES.** Partners with our team to provide optimal levels of care while our youth are at camp every summer. They also provide leadership training opportunities for our youth throughout the year.
- » **REALITY CHURCH.** Has an ongoing partnership, providing support, encouragement, use of space and resources.
- » **UNION GOSPEL MISSION (UGM).** Partners to provide funds for our youth to attend camp. This year they also provided a grant to strengthen the relationship between the Inner Hope and the Reality Church communities.

## NETWORKS AND FINANCIAL SUPPORTERS

### Schools

Capernwray Bible School  
Douglas College  
Gladstone Secondary  
Langara College  
Outreach, Britannia Secondary  
Simon Fraser University – IUPP  
St. Regis Secondary School  
Trinity Western University  
Vancouver Christian School  
Vancouver Community College

### Service Agencies

ACCESS Employment Services  
Aunt Leah's Place  
Broadway Youth Resource Centre  
Bladerunners – WorkBC  
Ministry of Children and Families – Youth Office  
North American Indigenous Ministries (NAIM)  
Urban Native Youth Association (UNYA)  
Vancouver Aboriginal Child & Family Services Society  
... and many more

### Foundations

J and G Servant Foundation  
Joyful Living Joyful Giving Foundation  
Marion Man & Scott Shaw Foundation  
Rina M. Bidin Foundation  
Tamara Foundation  
2 foundations prefer to remain anonymous

### Churches

Bakerview MB Church – Abbotsford, BC  
Granville Chapel – Vancouver, BC  
Kingsway FourSquare Church – Burnaby, BC  
Midtown Church – Vancouver, BC  
Mountainview Christian Fellowship – Vancouver, BC  
New Beginnings Church – Vancouver, BC  
Our Lady of Perpetual Help Parish – Vancouver, BC  
Peace Church on 52nd – Vancouver, BC  
Reality Church – Vancouver, BC  
Richmond Baptist Church – Richmond, BC  
Richmond Chinese Evangelical Free Church – Richmond, BC  
Richmond Emmanuel Church – Richmond, BC  
St. Andrew's & St. Stephen's Presbyterian – North Van, BC  
St. Mary's Kerrisdale – Vancouver, BC  
Tenth Church, East Van – Vancouver, BC  
Tenth Church, Mount Pleasant – Vancouver, BC  
Valley Crossway Church – Abbotsford, BC

### Businesses

Big O Tires  
Cineplex Odeon  
FraserPoint Dental  
HUB International  
Mobi Bike Share  
Pacesetter Mills Ltd.  
The Giving Truck  
Vancity Bank  
Vesta Properties



Reality Church hosts a community lunch at The Home



# future priorities 2023-2027

We have just approved our next 5-year plan. There are four key areas that have risen as the greatest needs for focused time and resources. The goals below will take time to implement, as good changes are rarely accomplished quickly.

## 1. Increase Indigenous Representation & Cultural Integration

- Currently our community is around 85% Indigenous and we all desire to have more staff and volunteers from the community.
- We plan to increase Indigenous representation on the board, among staff and volunteers.

## 2. Strengthen Inner Hope Youth Ministries' Volunteer Department

- Volunteers are critical to many programs and services at Inner Hope – especially the Boundless program where each youth is matched one-on-one with a mentor.
- We plan to grow our recruitment strategies and increase volunteer support, strengthening the volunteer community (the last plan had a strong focus on staff support).

## 3. Increase Community Support

- In order to better address the impacts of intergenerational trauma, there is a need to increase support for parents and alumni and expand our capacity for crisis support.
- We plan to develop a new Community Support position within the next few years as finances allow.

## 4. Restructure and Contextualize the Discipleship Program

- God made all cultures to uniquely reflect His image. We are not made the same and we do not see and experience life and faith through the same lens. If we approach discipleship solely through a Westernized cultural lens, we are continuing to perpetuate assimilation.
- We plan to restructure and contextualize the Discipleship Program with guidance from Indigenous leaders.







## WAYS TO PARTNER:

Become a **Board Member**

Become a **Volunteer**

Become a **Donor**

Participate in the **Ride for Refuge**

Join our **Prayer Team**

### ADDRESS:

Inner Hope Youth Ministries  
PO Box 74084, RPO Hillcrest Park  
Vancouver, B.C.  
V5V 5C8

### CONTACT:

Jenny Shantz, Executive Director  
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email - [jenny@innerhope.ca](mailto:jenny@innerhope.ca)  
fax - 604.638.0991

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**HOPE** THROUGH RELATIONSHIPS