# ANNUAL REPORT 2021



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# vision & mission

Inner Hope Youth Ministries' vision is youth and families living healthy lives and the next generation empowered in a good way

Our mission is journeying alongside youth and their families in East Vancouver nurturing hope, belonging and growth through:



#### SUPPORT

Nurturing community and loving youth, young adults and their families in practical ways



#### DISCIPLESHIP

Providing opportunities for youth, young adults and their families to grow in their relationship with the Creator



#### LIFE SKILLS

Journeying alongside youth and young adults while cultivating the development of skills needed to build their futures



#### HOUSING

Offering a safe, stable and supportive home for youth, young adults and their children

# CORE VALUES



#### FAITH

We value sharing the love of the Father, Son and Spirit and believe in Their transformational power.



### LOVING COMMUNITY

We value journeying together as a community of diverse individuals who love and care for one another.



## INTEGRITY

We value living with honesty, transparency, reliability and stewardship knowing we are accountable to God, those we serve and those who support us.



# COMMITTED RELATIONSHIPS

We value long term relationships with youth, their families and supporters.



#### RECONCILIATION

We value doing the work to build trust and healing in relationships within families, between non-Indigenous and Indigenous people, and between communities and local churches.

# a letter from jenny



As I reflect on 2021, a word that comes to mind is grateful. I am grateful to God for His presence that strengthens us when challenges come and who continually provides for our needs. I am grateful for the community of youth and parents who teach us as they demonstrate what sacrificial love, perseverance and courage are. I am grateful for the staff team that serves alongside me at Inner Hope – they are truly amazing and their love and sacrifice are remarkable. I am grateful for the faithful support from donors including a foundation who stepped up to buy a home for our use, when we were notified that the owners of the home for our youth and House Parents was being sold. I am also grateful for volunteers who come alongside us in so many ways – journeying with youth, cooking for events

and providing practical support (gardening, painting, providing Christmas gifts).

2021 was a year of growing roots at Inner Hope Youth Ministries and strengthening our foundation. With Covid restrictions preventing group gatherings in the first half of the year, we were thankful for John Knox high-school's offer to do a service project with us. Their contribution of some project funding and a team of volunteers motivated us to take on renovations at our community house on 29th Ave. With donations of cabinets, paint and flooring we were able to paint the whole space and completely renovate the kitchen. The water was hooked up in the kitchen the day before BC lifted gathering restrictions on July 1st!!! The loosening of restrictions – especially during the summer months – provided the opportunity for more in person events and allowed some young people to go to summer camp. We were honored to have one of our own young adults serve as a summer intern. The rapport that she developed with the youth exceeded our hopes. She used knowledge gained through her university studies in kinesiology to do some personal training with small groups of youth at local gyms and coach youth on healthy eating and nutrition among many other initiatives.

In the summer and fall, we went through an extensive process of reviewing our vision, mission and values. It had been 5 years since we had done a review of our shared mandate and I am so thankful for the <u>73 people</u> who provided input through in-person consultation gatherings, a survey or an interview. The updated mandate is highlighted in this report. The fall was also an exciting time for many of our youth as about 10 youth started their grade 12 year. Their enthusiasm and anticipation of a bright future brought fresh energy. December brought a strong finish to the year with annual Christmas events (including our 2nd annual Christmas family drive-by) and the partnership with a foundation in finding and purchasing a home for our housing ministry. I was also extremely grateful for the support of our community and staff in allowing me to relocate to Calgary on December 7th in order to spend time with my mom during her last 7 weeks of life. Thank YOU for your support and journeying with us in 2021!

With gratefulness!

James L Gran

Jennifer Shantz
Executive Director

# highlights of 2021

- » Driving was a huge highlight in 2021! 10 "L" and 2 "N" licenses were obtained and our donated vehicle got lots of road time as youth, young adults and community members went out for 89 driving practice sessions in it. This is a massive gift in our community, as these young people often become the primary drivers in their homes, which opens a lot of doors for their families and future employment.
- » This year 9 youth participated in leadership training and staff roles at Camp Owanoes! Owanoes has an in-depth leadership training program for ages 15 and up. We had 4 youth attend the entry level Step-out program which includes filling service roles such as washing dishes and cleaning bathrooms. 2 youth completed the Counselor in Training (CIT) program which includes two weeks of classroom time to equip youth to serve as camp counselors. 2 youth completed the Leader in Training (LIT) program which builds on the CIT program and helps youth grow as leaders. 1 youth served in a staff role.
- » We were able to journey with our community more intimately this year as our cultural mentors and summer intern hosted a celebration for Indigenous People's Day and we marked the First National Day of Truth and Reconciliation together.
- » This Christmas, we personally connected with 64 individuals at their homes through our 2nd Annual Christmas Drive-By Event. Someone from every household was home when we dropped by. The outpouring of generosity from our partners in providing gifts was inspiring. The individual time of connection and carol singing was special for all of us.



A young adult shows off their new "L" license



Our new Home on Fleming Street. Affectionately dubbed "The Flem" by the Community.

## QUOTES

"My faith is Christ has allowed me to rest assured every night knowing that no matter what happens there's a reason behind. While things may not look good now, things are going to get better. Today's worries are enough, why stress about things that have not even happened yet. I just put all my stress and anxiety into God rather than having them chip at me. There's a lot more to life than the world in front of me. Because of Inner Hope I've applied to university, I got accepted into general studies and I've applied to their nursing program as well. Inner Hope has given me the tools I needed to succeed."

-Boundless participant and Qwanoes Leadership graduate - Dec 2021

"This summer was such a blessing! I was stretched, challenged, and used in many ways; and I definitely felt God's goodness in my internship. I learned a lot from the staff team, the community members, and the youth. It was amazing to see how quickly everyone accepted me - and before you know it, I was doing life with a lot of beautiful people. I experienced and saw the Lord at work here and it is so wonderful! I am overwhelmed with appreciation for the youth for giving me opportunities to grow in my leadership skills, my patience, and my understanding; and for allowing me to walk alongside them in many aspects of life (especially in such a short amount of time). Our creator is doing big and wonderful things in this community!"

-Summer Intern and Inner Hope Alumnus - Sept 2021

# program highlights

# **TOTAL SERVED: 193**

36 children (0-12), 51 youth (13-18), 31 young adults (19-24), 75 adults (25+)

All our programs fall under the service umbrellas of support, discipleship, life skills, and housing.

Many individuals were served by more than one, as our goal is to develop deep

relationships with youth and families in all areas of life.

# SUPPORT & COMMUNITY LIFE

We were not meant to live life alone! Inner Hope walks alongside individuals in their day-to-day lives. Our community and cultural events are often the entry point for connecting with youth and families. This year we held online events and outdoor gatherings, including some events with our cultural mentors, when restrictions allowed.

- » Individualized support: 193 (hospital visits, one-on-one connection, advocacy, rides, birthday celebrations, etc)
- » Community engagement: 108 (attended an event)
- » Cultural engagement: 28 (participated in an event with cultural mentors)



Mark is honoured on Indigenous People's Day

# DISCIPLESHIP

Inner Hope provides different opportunities for our community to connect and grow in relationship with their Creator. Summer camps were reduced due to restrictions, but we witnessed young people nurtured in various small group settings like outdoor Alpha, nature hikes, worship evenings on camping trips, small group faith conversations and one-on-one discipleship. We also supported several youth in Leadership Training programs at Camp Qwanoes.

- » Total individuals served: 37
  - » Attended small group activities: 22
  - » Received one-on-one discipleship: 13
  - » Attended camping trips/leadership training: 29



Our youth excited to start their leadership programs at Camp Owanoes

# LIFE SKILLS

Inner Hope supports youth and young adults in gaining the skills they need to thrive. Goal setting, support in education and employment, help with obtaining ID, learning life skills in workshops, fun social activities and life chats are all highlights of both Boundless, our youth mentoring program, and Post-Secondary our life skills program for young adults.

## **BOUNDLESS [AGES 13-18]**

- » Total served: 50
- » Matched with a mentor and set goals: 22
  - » 2,878 hours of mentoring
- » Goals accomplished: 56» Learner study sessions: 12

## POST-SECONDARY [AGES 19-24]

- » Total served: 26
- » Formal participants: 19 (those who developed an education / employment plan)
  - » 909 support hours
- **» 88 milestone goal steps** (smaller steps in long term plan), **15 milestones accomplished** (long term plan accomplished ie. graduate school, find housing, get license)
- » Supported with education goals: 11
- » Supported with employment goals: 11



Some youth from Boundless play volleyball at an outdoor BBQ



Our Cultural Mentor, John Johnstone, hosting a drum making workshop

## Housing

Our Home exists for youth and young adults in East Vancouver who desire a safe, supportive, family-style home environment with live-in adult support and mentoring from our House Parent couple.

We celebrate each resident's cultural heritage and support them as they achieve greater stability. Family and friends are invited to join for a meal, visit and spend the night as life is lived together.

## THE HOME

» Total housed: 6 » Guests: 55

» Meals served: over 2500

» Different life skills practiced by residents: 22



# volunteers

# BOARD OF DIRECTORS

Carrie Peters, PhD Scientist (retired) Board Chair

Elaine Haakstad, CPA CGA Accountant, Temple Shalom Treasurer

Denise Fong, MA Museum Registrar, Burnaby Museum Secretary

Travis Olafson
Service Technician – Fraser Valley Office Systems
Member

Jennifer Close

Research Program Manager (Neonatal Intensive Care Unit), BC Children's Hospital Member

Term Ended April 2021

**Barbara Schmidt**President, Jordan Development Corporation *Member* 

Rebecca Janke, MSW RSW Social Worker, Sunrise Family Services and Private Consultant Member

Drey St. Denis

Boundless Participant

## COMMUNITY ADVISORY COMMITTEE



A committee member makes bannock for the community advisory meeting

June Rose
Parent

Sandra Delorme

Parent

**Liz Adams** *Alumnus* 

Rebel Arrance
Alumnus

Ashley Crossan
Alumnus

Lorne Thompson-Morin

Home Resident

Howie Delorme

Post Secondary Participant

**Cris Alvilas Diaz** *Boundless Participant* 

**Iziah Delorme** *Boundless Participant* 

**Linda Delorme** *Boundless Participant* 

## VOLUNTEERS

#### [ TOTAL: 92 ]

Board	7	
Community Advisory Committee	11	
Support, Community Life	18	
Discipleship	20	
Life Skills, Boundless	33	*18 volunteers
Life Skills, Post-Secondary	4	served in multiple
The Home	17	program areas.
Other	14	1-55

COVID-19 limited the number and size of events that we could hold, reducing the number of volunteer opportunities



A church group drops off Christmas gifts fotr our families

# staff

# 2021 STAFF & CONTRACTORS

Jenny Shantz Executive Director

Amy Baarda Director of Programs

Mark Ang Youth & Community Programs Manager

Samantha Gardham-Hers Post-Secondary Coordinator Francis Awando & Georgia Omwa House Parents

**Priscila Vargas** *Volunteer & HR Coordinator (P/T)* 

Nicole Hildebrand-Edgar (Jan-May)
Dara Barbour (Jun-Dec)
Communications & Fundraising
Coordinator (P/T)

Nate Hartley (Jan-Aug)
Faith Stanley (Sept-Dec)
Discipleship Coordinator (P/T)

Sandra Tetzlaff, Bookkeeper (P/T)

John & Jenn Johnstone Cultural Mentors (P/T)

Rebel Arrance/Courtney Corrigal Interns (Summer 2021)

\*Additional casual and short-term support not included



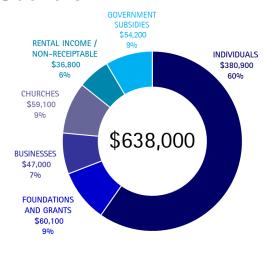
### PROFESSIONAL DEVELOPMENT

- » Gordon Neufeld's Attachement Training (led by Rebecca Janke)
- » Narrative Therapy: Trauma Practices (Webinar)
- » Human Resources Training (HR covered)
- » Foundations for Dialogue and Engagement Between Indigenous and non-Indigenous People (SFU)
- » Critical Incident Group Debriefing Workshop
- » Discipleship and the Indigenous Context (workshop led by Tamara Miller)
- » Mental Health First Aid
- » ShareVision Training

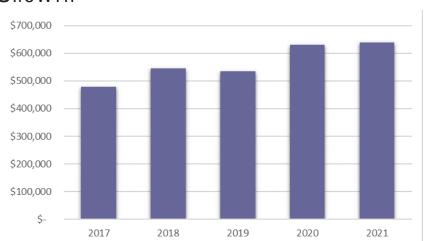
# finances

## NCOME

### Sources



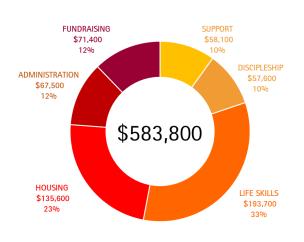
### GROWTH



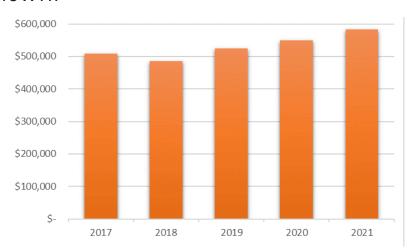
2017: \$478,700 2018: \$545,300 2019: \$535,800 2020: \$629,700 2021: \$638,000

# Expenses

## DISTRIBUTION



### GROWTH



FINANCIAL SUMMARY

\$638,000 - \$583,800 = \$54,200

Total Income - Total Expenses = Into contingency fund

2017: \$508,700 2018: \$485,200 2019: \$523,900 2020: \$550,300 2021: \$583,800

# partnerships & networks

### FORMAL PARTNERSHIPS



A youth gets baptized at New Biginnings Church

**Reality Church** - Reality Church has an ongoing partnership with Inner Hope. Church pastors provide encouragement and support. Church members invest in relationships with youth and families. Reality provides use of their building and other practical resources.

**New Beginnings Church** - New Beginnings Church provided a location for events in 2021 and they helped support some of our youth and children through their discipleship journey. A highlight was a week of daycamp where our youth volunteered as leaders.

## NETWORKS AND FINANCIAL SUPPORTERS

#### **Schools**

Britannia Secondary, incl. Streetfront CDI College
Gladstone Secondary
John Knox Christian School
Langara College
Pacific Life Bible College
St. Regis Secondary School
Trinity Western University
Vancouver Community College
Vancouver Technical Secondary School

### Service Agencies

ACCESS Employment Services
Aunt Leah's Place
Bladerunners - WorkBC
Ministry of Children and Families - Youth Office
Multiply
North American Indigenous Ministries (NAIM)
United Gospel Mission (UGM)
Urban Native Youth Association (UNYA)
Vancouver Aboriginal Child & Family Services Society

#### ... and many more

#### **Foundations**

Hamber Foundation
J and G Servant Foundation
Joyful Living Joyful Giving Foundation
Rina M. Bidin Foundation
Tamara Foundation
2 foundations prefer to remain anonymous

#### Churches

Bakerview MB Church - Abbotsford, BC
Granville Chapel - Vancouver, BC
Kingsway FourSquare Church - Burnaby, BC
Mountainview Christian Fellowship - Vancouver, BC
New Beginnings Church - Vancouver, BC
Our Lady of Perpetual Help Parish - Vancouver, BC
Peace Church on 52nd - Vancouver, BC
Reality Church - Vancouver, BC
Richmond Baptist Church - Richmond, BC
Richmond Emmanuel Church - Richmond, BC
St. Andrew's & St. Stephen's Presbyterian - North Van, BC
Tenth Church - Vancouver, BC
Trinity Baptist Church - Vancouver, BC
Valley Crossway Church - Abbotsford, BC

### Camps/Retreats

Camp Qwanoes Keats Camp

#### **Businesses**

Big O Tires
Cabinet Solutions - Alberta
Canwest Flooring
M&L Painting Ltd.
Pillar to Post Home Inspectors
Spokes Bicycle Rentals
Vancity Bank
Voy Wong of Oakwyn Realty
West Coast Auto Repairs

# honouring with our mission, vision and values

Last summer and fall we began to develop our next 3–5-year strategic plan. Part of that process was to review Inner Hope Youth Ministries' vision, mission and values. Through community advisement, prayer, discernment, and reflection we've come up with the following changes.

## Vision

# Youth and families living healthy lives and the next generation empowered in a good way

Inner Hope's vision statement remains largely the same. As before, "living healthy lives" refers to emotional, spiritual, mental and physical health. God created all aspects of our being and when one area suffers, it impacts the other aspects of our life and our ability to function well. We have also incorporated a common phrase in the Indigenous community at the end – "in a good way" (often this phrase includes "with a good heart and a good mind"). As many past initiatives imposed on Indigenous people, like residential school and the 60's scoop, have come from flawed motivation and destructive practices, we desire that this generation is empowered "in a good way."

## Mission

Journeying alongside youth and their families in East Vancouver nurturing hope, belonging and growth through:



#### SUPPORT

Nurturing community and loving youth, young adults and their families in practical ways



#### DISCIPLESHIP

Providing opportunities for youth, young adults and their families to grow in their relationship with the Creator



#### LIFE SKILLS

Journeying alongside youth and young adults while cultivating the development of skills needed to build their futures



#### HOUSING

Offering a safe, stable and supportive home for youth, young adults and their children

We have changed walking alongside to "journeying alongside" as the word journey is more common within our community and implies a longer time of connection. Youth and families is now "youth and their families". As a small non-profit that was created to support youth, we don't have the capacity to serve all families interested in support. Our main focus on families is to have an intergenerational approach by serving the families of the youth in our core programs and those who are "alumni" – long term families who once lived in the home or were a key part of our core programs in the past. The word transformation is now growth. In the past, institutional churches and government have attempted to transform (assimilate) Indigenous people to fit their ideas of an ideal person and become integrated into mainstream society. Our desire is that each young person grow in their God given identity, talents and uniqueness.

# honouring with our mission, vision and values

### **Values**



#### FAITH

We value sharing the love of the Father, Son and Spirit and believe in Their transformational power.



### LOVING COMMUNITY

We value journeying together as a community of diverse individuals who love and care for one another.



We value living with honesty, transparency, reliability and stewardship knowing we are accountable to God, those we serve and those who support us.



We value long term relationships with youth, their families and supporters.



#### RECONCILIATION

We value doing the work to build trust and healing in relationships within families, between non-Indigenous and Indigenous people, and between communities and local churches.

The values of faith, committed relationships and integrity remain the same. In the revision process we have modified one value and added one new one.

The last two times that we sought community input regarding Inner Hope's values, the youth and parents most recommended adding love or loving as a value. It is really heartwarming to hear that LOVE/LOVING best describes Inner Hope as this is what God calls us to be! With the goal to not increase beyond 5 values, we added the word loving to community. Like "Committed Relationships", "Loving Community" provides a stronger description of the kind of community people experience.

The value we added is "Reconciliation". Donors, staff and community members all recognize that Inner Hope aims to nurture healing between the Indigenous and Christian communities. We recognize that in using the term "reconciliation" we are not going back to previously good relationships, but are working to change the future. 2 Corinthians 5:18 says, "All this is from God who reconciled himself through Christ and gave us the ministry of reconciliation."



## WAYS TO PARTNER:

Become a Board Member (3 open positions)

Become a Volunteer (we need committed mentors for our youth)

Become a Friend of Hope (seeking new monthly donors)

Participate in our 2022 Ride for Refuge event

Join our Prayer Team

#### Address:

Inner Hope Youth Ministries PO Box 74084, RPO Hillcrest Park Vancouver, B.C. V5V 5C8

#### CONTACT:

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