

ANNUAL REPORT 2018

A photograph of two young men standing in a forest, both wearing safety harnesses and helmets. The man on the left is wearing an orange helmet and a black shirt, while the man on the right is wearing a white helmet and a white shirt. They are both smiling and looking towards the camera. The background is a dense forest with tall trees and green foliage.

INNER HOPE
youth ministries

hope through relationships

one story of impact



Iziah is a 14-year-old who jumped into the Inner Hope community with both feet in 2018. He is the first generation in decades to be raised at home with his family as his mother is a fourth-generation residential school survivor. What is remarkable is the desire and commitment of Iziah and his family to overcome the challenges they face. Early in 2018 Iziah became a regular at Inner Hope events and in the summer, he joined Boundless and was matched with Walter, his mentor. Last fall Iziah's involvement with Inner Hope continued to grow as he rode in the Ride for Refuge fundraiser, joined the Bible study group at The Home and even offering his cooking skills for our fall volunteer training

day. In October, when St. Regis, a private high-school in Vancouver, offered full scholarships to our youth, Iziah was one of the first youth to enroll. We are very blessed to have Iziah in our community and are excited to journey alongside him and his family for many years to come.

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vision & mission

Inner Hope Youth Ministries' vision is youth and families equipped to live healthy lives and to empower the next generation.

Our **mission** is to walk alongside youth and families in East Vancouver nurturing **hope**, **belonging**, and **transformation** through:



SUPPORT

Promoting positive community engagement and loving youth, young adults and families in practical ways



DISCIPLESHIP

Guiding children, youth and young adults in a relationship with their Creator



LIFE SKILLS

Mentoring youth and young adults to develop the skills needed to build their futures



HOUSING

Offering safe, stable and supportive homes for youth, young adults and their children

CORE VALUES



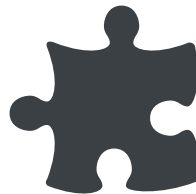
FAITH

We value sharing the love of Jesus and believing in His transformational power.



COMMITTED RELATIONSHIPS

We value long-term relationships with youth, families, and supporters.



COMMUNITY

We value journeying together as a community of diverse individuals who love and care for one another.



INTEGRITY

We value living with honesty, transparency, reliability, and stewardship, knowing we are accountable to God, those we serve, and those who support us.

a letter from jenny



This past weekend was Easter. Inner Hope gathered for a meal at The Home and some of us stayed afterwards to watch the movie, *The Passion of the Christ*. The unimaginable pain and suffering Jesus endured leading up to his death, along with the incredible amount of love and compassion he exemplified brought many of us to tears. In Luke 9:23 Jesus says, "If anyone would come after me, let him deny himself and take up his cross daily and follow me." At Inner Hope I am humbled by the opportunity to walk with a team of staff and volunteers who seek to live out this mandate in their daily lives. Our team chooses to enter into the suffering around us and share the love of Christ which is transformational. I also learn about sacrificial love from the youth and families in the Inner Hope community as they share their lives and resources in ways that are truly remarkable.

In 2018 Inner Hope connected with approximately 250 individuals. At Inner Hope, it's the smaller numbers that are most significant. There's a core group of 90 with whom we walked alongside at a deeper level. These were youth and young adults who were part of our Boundless or Post-secondary programs, lived at The Home, or individuals who connected regularly with the Inner Hope community for support. These are the young people we engage with on a weekly basis, many of whom have been part of the Inner Hope community for 5 or 10 years and beyond.

This past year we began to implement our new 3-year strategic plan. This plan has three main areas of focus: increasing program quality, strengthening staff health & Inner Hope culture and growing our financial stability. I am pleased to share that we saw progress in each of these. The following examples demonstrate the impact of these efforts. Our Boundless program grew significantly from 10 youth and 5 mentors in January 2018 to 20 youth and 15 mentors in December 2018. Even more significant was the growth in the number of hours mentors spent with the youth and the increased focus on teaching life skills through monthly workshops. In 2018 Inner Hope began offering a staff health benefits package to our team to increase their access to affordable health care services. We also had the strongest financial year in Inner Hope's history. After a \$30,000 deficit in 2017, we had a \$60,000 surplus in 2018 which allowed us to rebuild the financial buffer that is necessary to ride the waves of lower giving months throughout the year.

Another item worth highlighting from 2018 was implementing Inner Hope's response to the Truth and Reconciliation Calls to Action (found on page 15 of this report). We recognize that Jesus cares about justice and the circumstances of those who are oppressed. We are so thankful that you also share our heart for justice. It is your partnership through volunteering, giving, praying and encouraging us along the way that has made everything in this report possible.

In Service Together,

A handwritten signature in black ink that reads "Jennifer L Shantz".

Jennifer Shantz
Executive Director

programs

TOTAL SERVED: 244

72 children (0-12), 53 youth (13-18),
48 young adults (19-24), 71 adults (25+)

All our programs fall under the service umbrellas of support, discipleship, life skills, and housing. Many individuals were served in multiple program areas, as our goal is to develop deep relationships with youth and families and walk alongside them in all areas of life.

SUPPORT, COMMUNITY LIFE



Driving lessons with one of the mothers in our community

We were not meant to live life alone! At Inner Hope, we walk alongside individuals in their day-to-day lives. Community events are often the entry point for connecting with youth and families.

- » Individualized support: **220**
(advocacy, hospital visits, rides, mailing address, birthday celebrations, help moving)
- » Community engagement: **110**
(individuals who attended a community event)

DISCIPLESHIP

Inner Hope partners with Reality Church, integrating our youth and families into the Reality family through developing relationships, providing rides, and hosting special events. We also help send youth and families to summer camps and retreats.

- » Total individuals served: **98**
 - » Attended church: **49**
 - » Rides to church: **36**
 - » Attended summer camp/retreats: **72**



The young adults on the way to a retreat

LIFE SKILLS



Cooking with Boundless

Inner Hope supports youth and young adults in gaining the skills they need to thrive through Boundless, our teen mentoring program, and through our Post-Secondary life-skills program.

BOUNDLESS [AGES 13-18]

- » Total served: **28**
- » Matched with a mentor and set goals: **22**
 - » **2022** hours of mentoring
- » **12** life skills workshops attended by **53** individuals (mentors, mentees and guest speakers)
- » **8** social events hosted



Working on life goals in Post-Secondary

POST-SECONDARY [AGES 19-24]

- » Total served: **40**
- » Full participants: **16** (those who developed an education / employment plan)
- » **813** support hours
- » **429** tutor hours
- » **13** social events attended by **36** individuals (young adults, volunteers and staff)

HOUSING

Our housing exists for inner city youth and young adults in East Vancouver who desire a safe, supportive home environment with live-in adult support and mentoring.

- » Total housed: **8**

THE HOME

- » Total residents: **6**
- » Number of times guests came over: **135** (family & friends)
- » Total hours residents were supported in developing life skills: **663**

PARENTAL SUITE

- » Total residents: **2**
 - * Closed June 30th



Nate (House Parent) and a resident

volunteers

BOARD OF DIRECTORS

Leanne Warawa
Chairperson (Jan - Sept 2018)
Retired Law Firm Administrator

Leon Vose
Secretary (Jan - Sept 2018)
Chairperson (Sept - Dec 2018)
Retired IT Asset Manager

Denise Fong
Secretary (Sept - Dec 2018)
Museum Registrar

Jeff Block
Treasurer
Chartered Accountant, Partner

Jen Close
Member
Research Program Manager,
Neonatal Intensive Care Unit

Carrie Peters
Member
Retired Scientist

Barbara Schmidt
Member
President, Jordan Development
Corporation

Rebecca Janke
Member
Parent Consultant & Adoption
Social Worker

COMMUNITY ADVISORY COMMITTEE

June Rose
Parent

Diana Thompson
Parent

Rebel Arrance
Post-Secondary Program participant

Erica Saunders
Post-Secondary Program participant

Tristan Gibbs
Resident at The Home

VOLUNTEERS

[TOTAL: 138]

Board	8
Community Advisory Committee	5
Support, Community Life	55
Discipleship	34
Life Skills, Boundless	29
Life Skills, Post-Secondary	11
Housing	28
Other	24

*40 volunteers
served in multiple
program areas.



2018 STAFF & CONTRACTS

Jenny Shantz
Executive Director

Dara Barbour
Marketing & HR Coordinator

Ben & Deirdre Stevens
Parental Suite Mentor Couple

Diana Squires
Director of Programs

Sarah Hau
Discipleship - Case Management (P/T)

Rosa Saunders
Housekeeper - Casual

Irene & Nate McCready
House Parents

Amanda Seymour
Discipleship Coordinator (P/T)

Eric Chu / Legacy Advantage
Bookkeeper - Contract

Mark Ang
Boundless Coordinator

Andrea Vaags / Nicole Brindle
Respite Worker (P/T)

Nate Hartley
Summer Intern

Hope Hart / Samantha Gardham-Hers
Post-Secondary Coordinator

Kenneth Kuo
Volunteer Coordinator (P/T)

**Additional casual and short-term support not included*



Staff Team Spring 2018

Professional Development

- **Canadian Youth Workers Conference:** Discipleship Focus
- **Mental Health, Faith and Youth:** Sanctuary Workshop
- **"Be the Change"** onference on homelessness, reconciliation and the opioid crisis: Stenberg College
- **"Where Discipleship Meets Mental Health & Social Isolation":** workshop organized by Missions Fest
- **Foster Care Info & Advocacy Session at Reality Church:** panel of social workers, active foster parents, and church leaders
- **"Set the Captives Free":** classes on the history and relationship between Canada's justice & corrections systems and our Indigenous population
- **Attachment Training:** led by Rebecca Janke
- **Blanket Exercise:** Indigenous cultural competency
- **Crisis Response Planning Webinar:** the Crisis and Trauma Resource Institute
- **The Ethics of Helping:** Boundaries & Relationships
- **Support Decision-Making - Ethics & Resources:** led by Rebecca Janke
- **Health Precautions:** led by Larissa Alexson
- **Coaching for Personal & Professional Excellence:** attended by senior leadership team
- **Challenging Behaviours in Youth Webinar:** the Crisis and Trauma Resource Institute

highlights of 2018

Eight Boundless youth are now attending St. Regis Secondary.

St. Regis, a private school, desires to not only serve students from wealthy families but to also provide full scholarships to students who are from lower income families and are falling through the cracks in East side public schools. They began partnering with us this fall.

Our parents are so grateful for the heart of the staff at St. Regis and the one-on-one care being given to their children. We are thrilled as we see our participants transforming before our eyes!



Boundless experienced miraculous growth.

At the beginning of the year there were 10 youth and 5 mentors in the program. During the year 13 new mentors joined the team. By year end, Boundless was at full capacity with 20 youth!

We are grateful for the care and commitment that each of our mentors demonstrate as they volunteer countless hours to walk alongside each of our youth.

The number of people who went to retreats and summer camps was the highest ever!!

This year we had:

- » 12 young adults at a spring retreat
- » 7 youth at the North American Indigenous Ministries retreat
- » 13 community members at Reality Church's "Worship in the Woods" retreat
- » 13 youth at Qwanoes and Keats camps
- » 18 children at week-long overnight camps
- » 6 children at Reality Day Camp



Inner Hope's fourth annual Ride for Refuge event was the largest yet! There were 110 riders/walkers who participated and helped raise \$35,000 for our community programs!

This year, 19 Inner Hope community members also participated (13 youth, 2 young adults, 2 adults, 2 children) - and had a blast!

stories and quotes

Below are some stories and quotes highlighting the impact Inner Hope has had in 2018 by the grace of our amazing God!

"Inner Hope helped me by giving me a ride to detox when I wouldn't have gotten there on my own.

I had nowhere to go and I didn't know which way was up. It's still a long road ahead of me. **I still have my slips every now and then but now I have a support system through Inner Hope to get me there."**

- Resident (Winter 2018)



"I met Nate & Irene at my social worker's office and I thought they were a lovely couple. A couple weeks later I moved in. Irene has a heart of gold—she made a little banner that said "Welcome Tristan."

I've been there two months now. They're very welcoming, they teach you life skills and stuff, you get all your meals. **The dogs are awesome, really cute. They always welcome you at the gate when you come in."**

- Resident (Summer 2018)



"Inner Hope encouraged me to go to camp. Mark was right there waving his papers 'Come on let's get you going' and I'm like 'umm... I don't know...'

That was the summer I actually found Christ. **If it wasn't for Mark being there I don't think I would have gone down that route.** It made me the person I am today."

- Post-Secondary Participant (Spring 2018)

"Inner Hope has been a pillar of stability in my life and ministry.

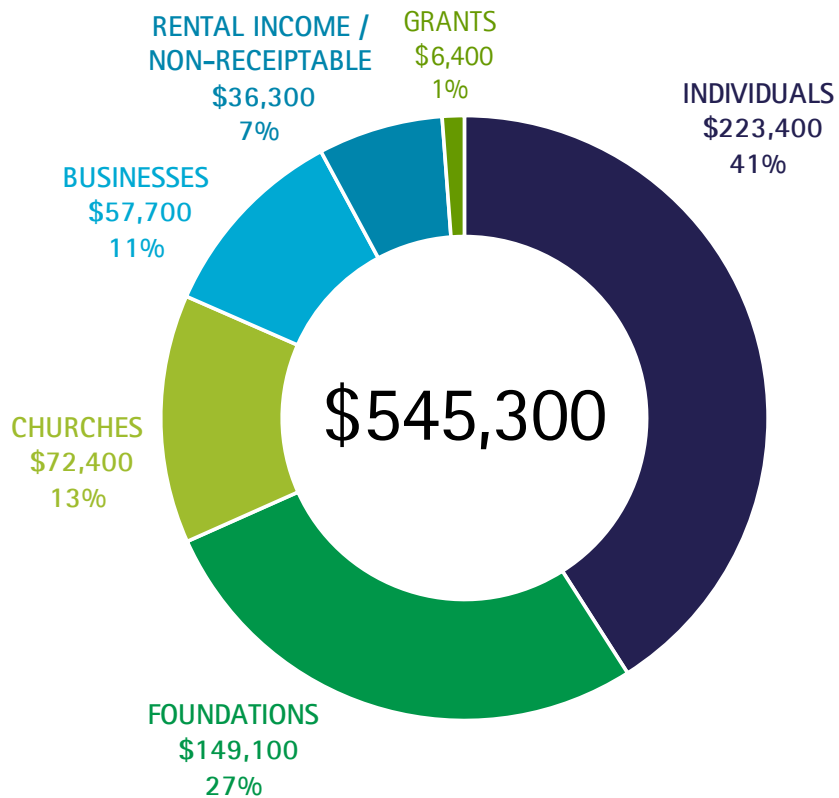
At Inner Hope, I'm constantly encouraged to use my head, heart, and hands in the service of others; this holistic approach to loving others reminds me daily of the selfless love of my Saviour, and his overflowing care for me."

- Mentor (Fall 2018)

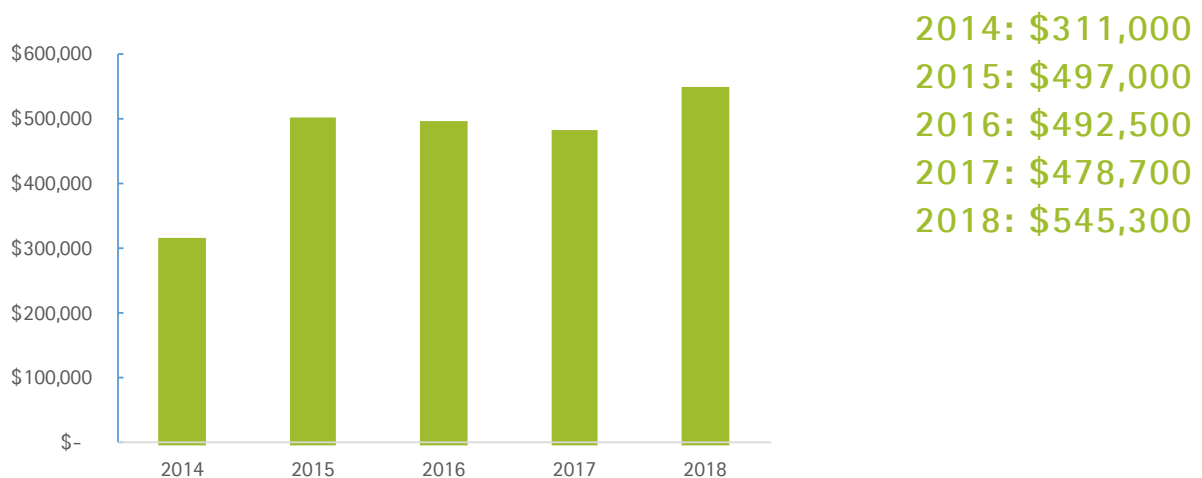


income

2018 REVENUE & DESIGNATED FUNDS

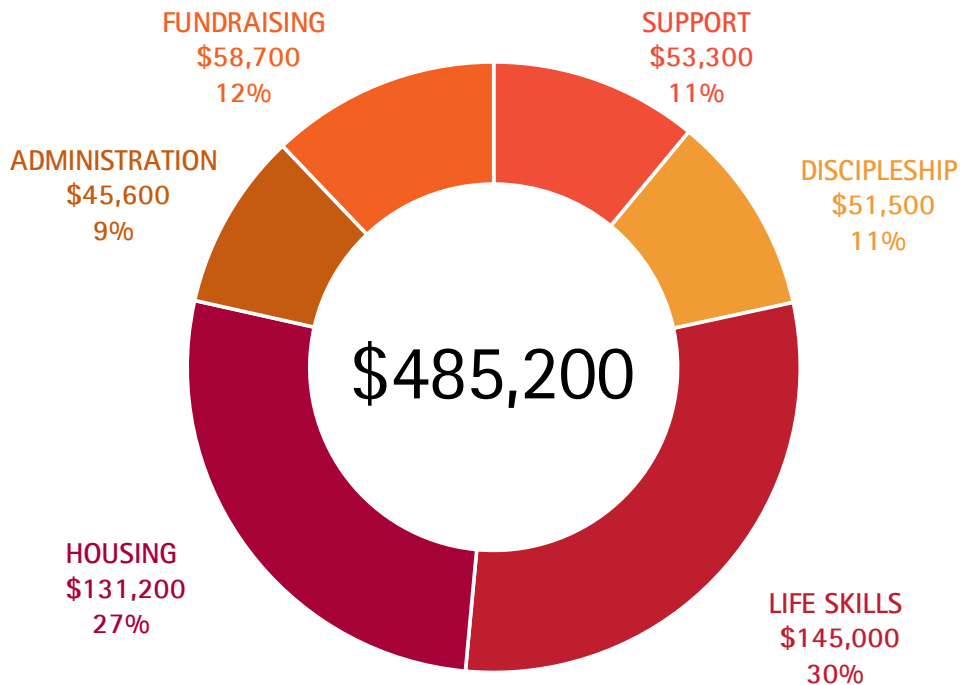


Revenue Growth



expenses

2018 EXPENSES



FINANCIAL SUMMARY

TOTAL INCOME
[\$545,300]

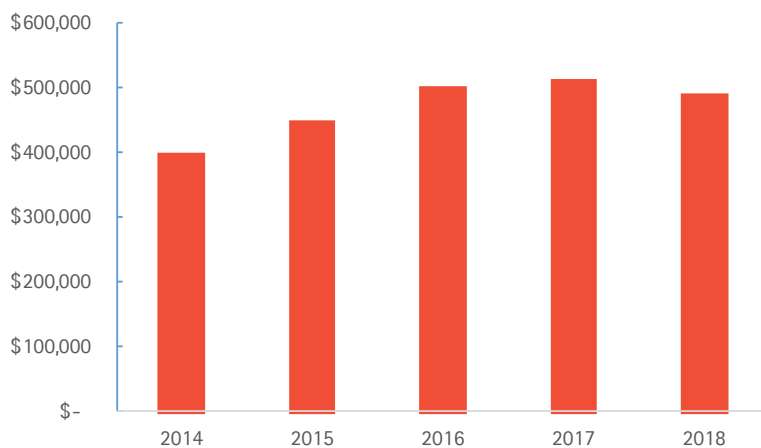
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TOTAL EXPENSES
[\$485,200]

=

\$60,100

Expense Growth



2014: \$395,000
2015: \$446,000
2016: \$496,500
2017: \$508,700
2018: \$485,200

partnerships & networks

FORMAL PARTNERSHIPS

Reality Church – In 2017, Inner Hope signed a formal partnership agreement with Reality Church. The goal of the partnership is to integrate Inner Hope youth and families into the Reality Church family through authentic, committed relationships and discipleship resulting in a supportive, inter-connected community and long-term ongoing transformation for individuals.

Bakerview Church – In 2015, Bakerview Church initiated a 5-year funding partnership with Inner Hope as a 50th Anniversary project. Their annual support covers a significant portion of our discipleship costs.



Day Camp with Reality Church

INFORMAL PARTNERSHIPS & NETWORKS

Networks and financial supporters:

Schools

Britannia Secondary, including Outreach & Streetfront programs
Capernwray Bible School
St. Regis Secondary School
Trinity Western University
Vancouver Community College
Whytecliff Agile Learning Centre

Churches

Bakerview MB Church – Abbotsford, BC
Bethel Baptist Church – High Prairie, AB
Citylife Church – Vancouver, BC
Granville Chapel – Vancouver, BC
Mountainview Christian Fellowship – Vancouver, BC
New Beginnings Church – Vancouver, BC
Reality Church – Vancouver, BC
Richmond Baptist Church – Richmond, BC
Tenth Church – Vancouver, BC
Valley Crossway Church – Abbotsford, BC
Willingdon Church – Burnaby, BC

Camps/Retreats

Camp Qwanoes
Keats Camp
North American Indigenous Ministries (NAIM)

Service Agencies

BC Children's Hospital
Cyrus Centre
Creative Solutions Counselling, Colleen Fuller
Directions Youth Services
Early Psychosis Intervention Program (VCH)
Legal Aid: Legal Services Society
Ministry of Children and Families – Youth Office
Urban Native Youth Association (UNYA)
Vancouver Aboriginal Child & Family Services Society
Youth Unlimited

Businesses

East Gordon Development Ltd.
Ecclesiastical Insurance.
Sanctus Ventures Corp.
Vesta Properties (Williamstown) Ltd.
Village Bikes
Wilson's Big O Tires Ltd.

Foundations

Dragon Fire Charitable Foundation
Rina M. Bidin Foundation
Vancouver Kiwanis Welfare Foundation
Walmart Foundation (food donation)
2 foundations prefer to remain anonymous

Reconciliation: Doing our Part

Currently, around 90% of the core individuals Inner Hope serves are Indigenous. These youth and families have chosen to be a part of the Inner Hope community and have put a lot of trust in our staff and volunteers. **We feel a deep responsibility to be advocates of justice. This includes doing the difficult work of acknowledging where we have been a participant in systems of oppression, and being part of reconciliation in East Vancouver.** God instructs us through scripture to stand up for the vulnerable.

In 2015 the Truth and Reconciliation Commission issued its final report, which included 94 Calls to Action imploring the Canadian government, along with all Canadian citizens, to acknowledge the past and pursue a new path together for the future.[1] **Last year, Inner Hope's staff chose two Calls to Action to focus on and support.**

CALL TO ACTION 1

We call upon the federal, provincial, territorial, and Aboriginal governments to commit to reducing the number of Aboriginal children in care by: providing adequate resources to enable Aboriginal communities and child-welfare organizations to keep Aboriginal families together where it is safe to do so, and to keep children in culturally appropriate environments, regardless of where they reside.

Inner Hope works hard to strengthen family relationships and help parents grow in their capacity to care for their children. In one situation we have been able to advocate in the court system for an aunt to take over the care of her niece who is currently in foster care. Other ways we support this call:

- Inner Hope hosts holiday gatherings where extended families build memories and share holidays in a stable environment.
- Boundless has prioritized strengthening relationships with participants' parents.
- The Home models healthy boundaries, routines and community with the goal that the residents would be able to break the cycle of abuse and instability and raise their own children.
- We are continuing to ensure and are exploring new ways to create The Home as a place where Indigenous residents feel supported and affirmed in their identity.

CALL TO ACTION 30

We call upon federal, provincial, and territorial governments to commit to eliminating the overrepresentation of Aboriginal people in custody over the next decade.

Approximately 75% of Inner Hope's Indigenous participants have an immediate family member who has spent time in the correctional system. Many of the youth and young adults also have peers who are caught up in the system. We are striving to see the youth and children we serve break this cycle. Some of the ways we are addressing this:

- Providing a safe and loving community where youth and young adults can socialize and build relationships.
- Providing healthy role models, adult mentors, and weekend activities that give alternatives to youth being in settings where they are prone to make poor decisions.
- Supporting youth to deal with their pain, learn how to control their anger and avoid a lifestyle of addiction are also critical in helping to prevent youth from getting caught up in a destructive lifestyle.



Ways to Partner:

- Become a **Board Member** (seeking 4 individuals)
- Become a **Volunteer** (seeking 3 male mentors, 3 games night volunteers, 1 cook for homework night and several workshop presenters)
- Become a **Friend of Hope** (seeking 15 new monthly donors)
- Host an **awareness dinner** to introduce friends and family to Inner Hope
- Participate in our 2019 **Ride for Refuge** event

Address:

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